



Matricaria recutita

Calm
Digestive support
Nervine

Calendula officinalis
Anti-inflammatory
Skin healing

Salvia officinalis

Digestive
Antimicrobial
Cognitive support

Urtica dioica

Nutrient dense
Iron rich
Allergy support

Plantago lanceolata

Demulcent
Wound healing
Respiratory support

Dandelion root

Liver support
Digestive aid
Detoxifying

Fucus vesiculosus

Mineral rich
Thyroid support
Detoxifying

Trametes versicolor

Immune support
Gut health
Anti-inflammatory

HERBAL ORIGINS
APOTHECARY

Medical Herbalist (Dip NIMH)

Juliette Horner

Rooted in nature : Evidence informed

1:1 Consultations online & in person

Workshops, herb walks & talks

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