

# **BUILDING TO BE BETTER**

# MOORE MOVEMENT

## **GIVE US 30 DAYS**

## **TO SHOW YOU THE POSTIVE IMPACT OUR GROUP PT SESSIONS CAN HAVE ON YOU, YOU WON'T REGRET IT!**

*"It's my new favourite thing! Easy to get into and no ego weight training and once you start you'll easily want to continue. I really look forward to my sessions and always makes you feel better even on the days you drag yourself in!" - Jessie*

MOORE   
MOVEMENT

## **REGISTAR YOUR INTEREST HERE**



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